

PACKING LIST

BIKE₂TRIP



Essential Equipment:

- ___ A recently adjusted and tuned bike
- ___ Bike Helmet (required)
- ___ 1 or 2 water bottles
- ___ 2 tubes to fit your bike
- ___ Rain poncho or large garbage bag (they really work!)

Would be nice:

- ___ Two pairs of shoes for riding (in case one gets wet)
- ___ Two or three pairs of shorts for riding
- ___ Three t-shirts (think cool and comfortable)
- ___ Sunglasses (important)
- ___ Small suntan lotion (to keep on bike for face, arms, legs)
- ___ Toiletry articles
- ___ Swim suit and towel
- ___ Extra clothing for casual wear
- ___ Sleeping bag and pillow
- ___ Flashlight
- ___ Insect repellent (unless you like to feed the bugs!)
- ___ One bag to pack all your gear in
- ___ Bible
- ___ A tent for you and your buddies to sleep in